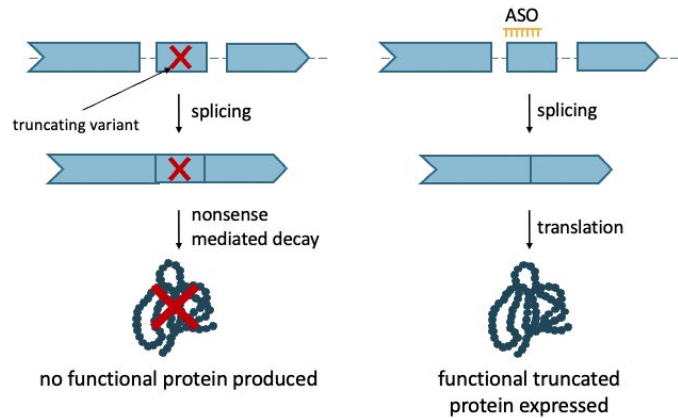


# N-of-1 treatment with antisense oligonucleotides – a Dutch perspective -

Professor Willeke van Roon-Mom  
Department of Human Genetics  
LUMC  
LEIDEN, THE NETHERLANDS



## Canonical exon skipping

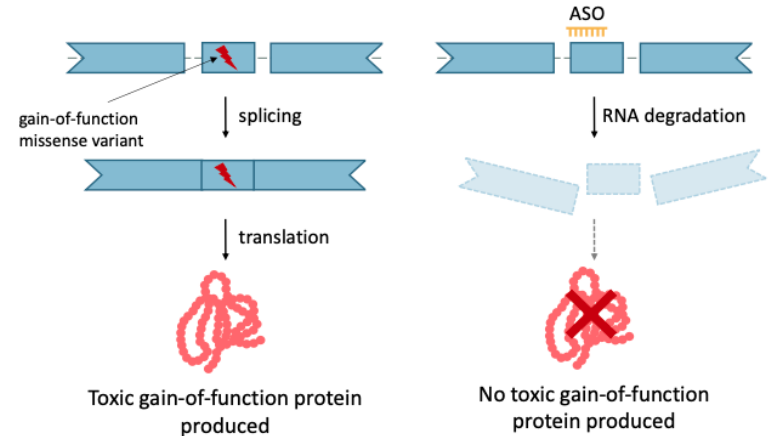


Loss of Function

Gain of Function

Dominant negative

## Transcript knockdown



Gain of Function

# Current state of the art

THE NEW ENGLAND JOURNAL OF MEDICINE

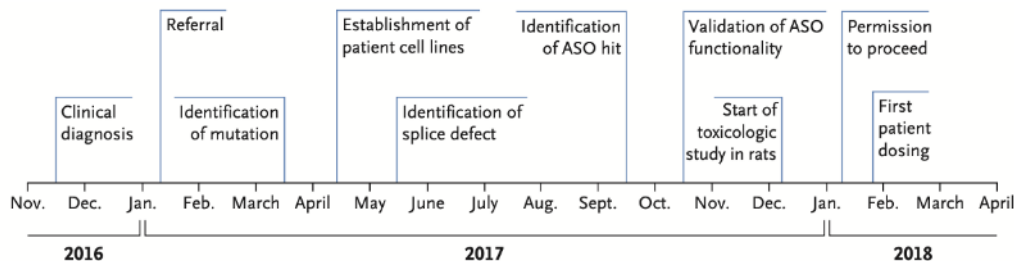
## BRIEF REPORT

### Patient-Customized Oligonucleotide Therapy for a Rare Genetic Disease

J. Kim, C. Hu, C. Moufawad El Achkar, L.E. Black, J. Douville, A. Larson, M.K. Pendergast, S.F. Goldkind, E.A. Lee, A. Kuniholm, A. Soucy, J. Vaze, N.R. Belur, K. Fredriksen, I. Stojkowska, A. Tsytsykova, M. Armant, R.L. DiDonato, J. Choi, L. Cornelissen, L.M. Pereira, E.F. Augustine, C.A. Genetti, K. Dies, B. Barton, L. Williams, B.D. Goodlett, B.L. Riley, A. Pasternak, E.R. Berry, K.A. Pflock, S. Chu, C. Reed, K. Tyndall, P.B. Agrawal, A.H. Beggs, P.E. Grant, D.K. Urion, R.O. Snyder, S.E. Waisbren, A. Poduri, P.J. Park, A. Patterson, A. Biffi, J.R. Mazzulli, O. Bodamer, C.B. Berde, and T.W. Yu

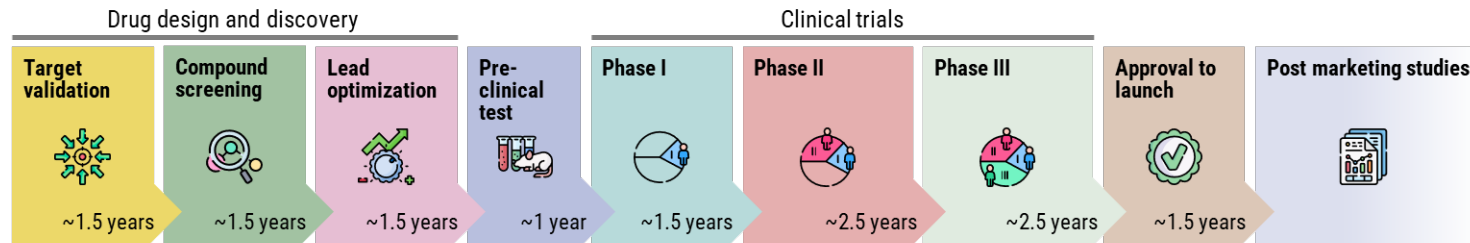


## Milasen: the ultimate personal treatment

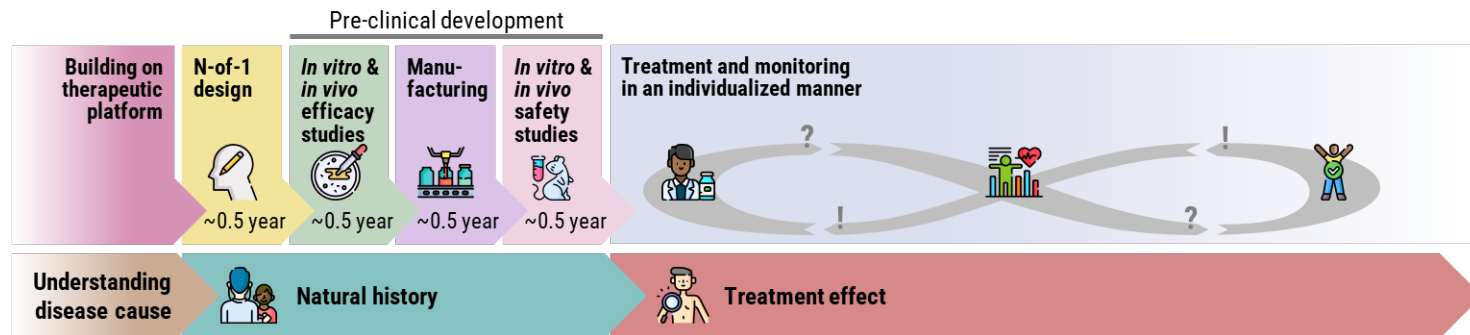


# Rare diseases – thinking outside the box

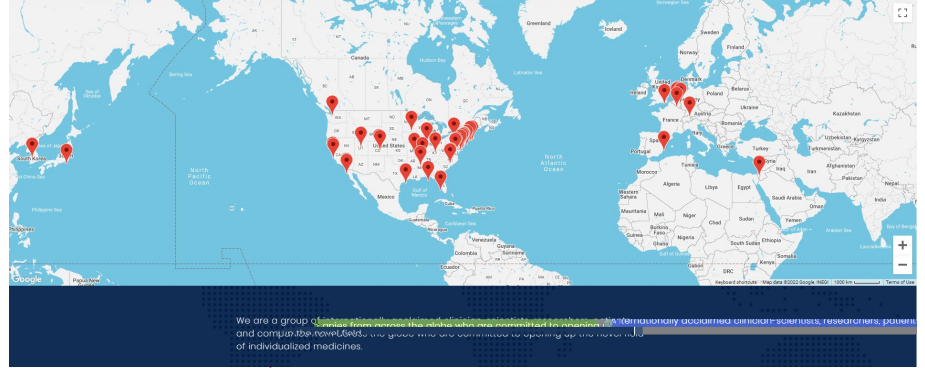
## Traditional drug approval process



## Patient specific N-of-1 treatment



# Global context



**1M**  
**1M**  
Co-founders  
Co-coordinators



SAB chair/members  
Past BOD member  
Working group leaders/members  
Working group members



Chair IRDiRC N=1 taskforce

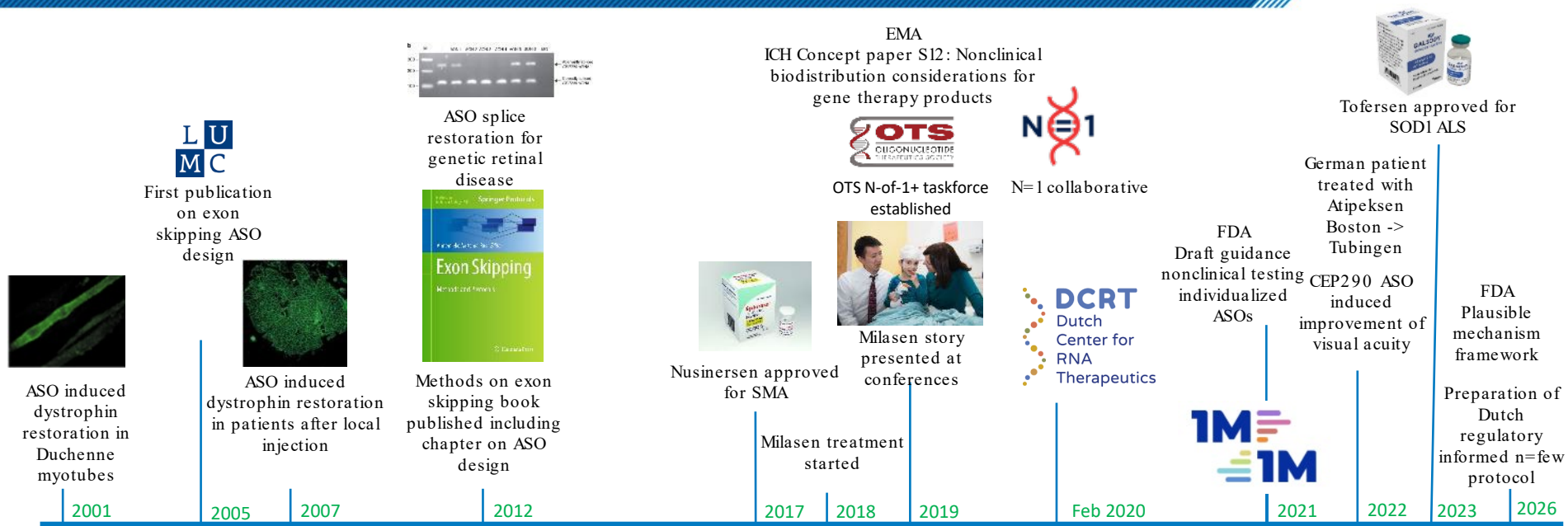


WP12-N=1 therapies for eligible rare disease patients

Synofzik 2022 Nucl Acid Ther  
Aartsma-Rus 2023 RNA  
Schule et al Mol Ther Nucl Acids 2025  
Jonker et al 2024 Nat Rev Drug Disc  
Jonker et al 2025 Ther Adv Rare Dis

Belgrad et al 2025 Nucl Acid Res  
Zardetto et al 2024 Hum Mut  
Cheerie et al 2025, Am J Hum Gen  
Aartsma-Rus et al 2024 Ther Adv Rare Dis  
Schule et al 2024 Nat Med  
Ehmann et al 2024 Nucl Acid Ther

# Timeline and EU historical context n=few ASO therapies



DISCOVERY

DRUG APPROVAL

N=FEW

SUSTAINABILITY

# Regulatory challenges in Europe

## Access options for patient-specific ASOs

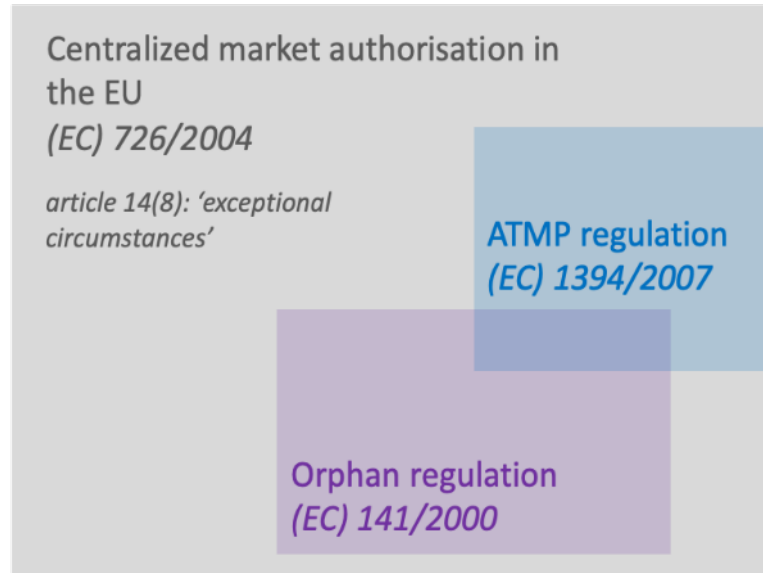


### Unlicensed access options for groups of patients

**Clinical trial**  
(EC) 2001/83 Article 3(3)

**Compassionate use**  
(EC) 726/2004 Article 83

- groups of patients with chronically or seriously debilitating or life-threatening disease
- medicinal product is undergoing clinical trial or subject of a marketing authorization application



### Unlicensed access options for single patients

**Hospital exemption**  
(EC) 1394/2007 Article 28(2)

- ATMP custom-made for an individual patient; not routinely produced
- administered in a hospital setting under exclusive responsibility of a medical practitioner
- produced and administered in the same member state
- manufacturing authorised by a competent authority of the member state
- quality standards equivalent to (EC) 726/2004

**Named patient use**  
(EC) 2001/83 Article 5(1)

- to fulfill special needs
- purely therapeutic considerations

# The Dutch Center for RNA Therapeutics

- The Dutch Center for RNA Therapeutics (DCRT) is a non-profit consortium consisting of 5 UMCs
- The aim is to develop tailor-made RNA (ASO) treatments for patients with nano-rare germline mutations focused on eye, brain and skin disorders

## Board of directors



Annemieke Aartsma-Rus



Rob Collin



Ype Elgersma



Willeke van Roon-Mom



Jan Veldink



Peter van den Akker



Wouter van Rheenen



# Antisense therapy in NL (EU) - advice

## MEB

- **No MEB dossier needed**
- No EMA approval needed
- MEB has expert panels that can advice on all aspects of N=1 ASO therapy
- Go to EMA for more advice, larger expert panels and more experience with RNA therapies

## EMA

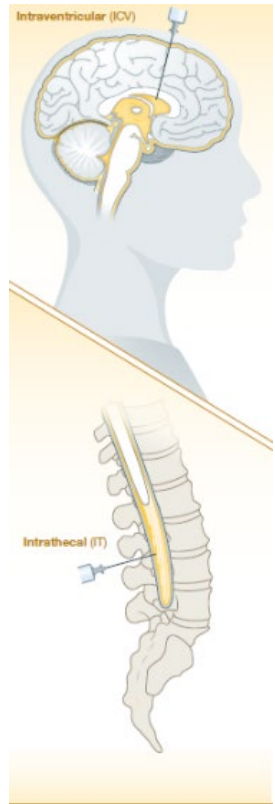
- Innovative Taskforce (ITF) /Scientific Advice (SA) meeting
- **No EMA approval needed**
- **No registered drug**
- **Named patient setting**
- N=1 ASO therapy does not fall under 'hospital exemption', it is not an ATMP (Advanced therapy medicinal products)
- Expert opinion on:
  - Tox studies
  - Registry patient safety
  - Treatment protocol

## National Healthcare Institute

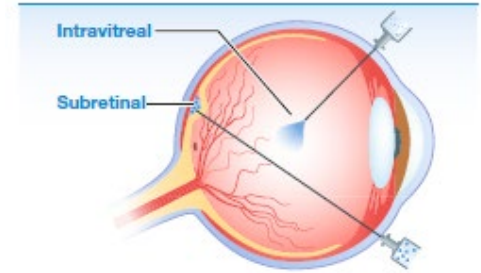
- How much proof is needed to show treatment effect?
- How much will the development of one N=1 ASO therapy cost?
- Is it cost-effective?
- **Reimbursement?**



# Personalized antisense therapies in the EU



- Mutations must be very rare ( $n=1/n=few$ )
- Antisense oligonucleotides (ASOs) must have EMA/FDA approved chemical modifications (optimized preclinical, tox and ASO production protocols)
- Local method of delivery proven effective and safe (brain/eye/liver)
- Patient must have benefit from treatment
- The treatment will always be experimental
- Named-patient setting: no regulatory approval
- Experimental drug
- Clinician and pharmacist are responsible
- Application filed with the inspection for health care (IGJ)



# DCRT- complementary expertise



## LUMC

- Neurodegenerative diseases
- Non-GLP toxicity assays (in vitro/in vivo)
- European implementation n=few ASO treatments (ERDERA, 1M1M)
- Leading role in global n=few developments (N1C), IRDIRC taskforce), co-lead in MMM ITN network for n=1 ASO treatment development



## Erasmus MC

- Neurodevelopmental disorders (incl. epilepsy)
- iPSC - and mouse models
- Non-GLP toxicity assays (in vitro/in vivo)
- Leader of PSIDER-TAILORED program for development of a pipeline for n=1 ASO treatment



- Preclinical ASO design and testing
- Collaboration with Pharma on ASO development
- iPSC modelling
- ASO trials

## RadboudUMC

- Inherited retinal disease, including Usher syndrome
- Non-GLP toxicity assays (in vitro & in vivo)
- Academic spin-off biotech
- Regulatory expertise (Therapy Accelerator for Rare Diseases)

## UMCU

- Clinical expertise in administering ASO treatments >100 patients/year (Tofersen/ Nusinersen).
- Expertise in working with the ODAP protocol and Coverage Lock policy (sluis procedure)
- Expertise in submitting CCMO clinical trial protocols for novel gene-based treatments



## UMCG

- Genetic skin conditions, neuro-metabolic and cardiac diseases
- Advanced disease models
- NL and EU accredited Centers of Expertise for Genetic Skin, Heart, Metabolic conditions



# DCRT- Where are we now?

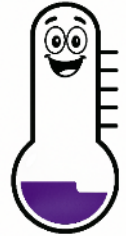
FAR1



ARPP21



GMF2



UNC13A



ABCA4



# Standardization between institutes- modular framework

Develop individual antisense oligonucleotides targeting unique DNA variants for CNS/eye disorders

## **Fixed modules:**

Unique ASO sequence but identical backbone, chemistry, drug product, PK behavior, class specific safety expectations

## **Variable modules:**

Sequence specific toxicity  
Disease specific aspects, clinical protocol and assessment

**'Platform protocol'** to combine individual treatments under one framework

Registration and collection of data to proof safety, efficacy and treatment effect. Use data to learn and make the next individual ASO therapy better

# Standardization between institutes- modular framework

Develop individual antisense oligonucleotides targeting unique DNA variants for CNS/eye disorders

## Fixed modules:

Unique ASO sequence but identical backbone, chemistry, manufacturing, PK behavior, class specific

March 2026

'n-of-1' working party of the Dutch Medicines Regulatory Network'

Specific aspects, clinical read out parameters

**Master protocol** to combine individual treatments under one standardized clinical design

Registration and collection of data to proof safety, efficacy and treatment effect. Use data to learn and make the next individual ASO therapy better

# Writing protocol 1 and 2: the beginning of a Dutch platform?



## DCRT N-of-few meeting, *March 25, 2026 – UMC Utecht*

*Rob Collin (RadboudUMC) – Carel Hoyng (RadboudUMC) - Lonneke Duijkers (RadboudUMC) – Karin Ruijtenbeek (RadboudUMC) - Annelot van Esbroeck (EMC) – Ype Elgersma (EMC) – Rosan Lechner (EMC) – Lianne Beuk (EMC) – Willeke van Roon-Mom (LUMC) – Dyah Karjosukarso (LUMC) – Renske Wadman (UMCU) – Ewout Groen (UMCU) - Jan Veldink (UMCU) – Wouter van Rheenen (UMCU) – Ludo van der pol (UMCU) – Camshi Vangoor (UMCU) – Dennis Bos (UMCG) – Tommy Bunte - Peter van den Akker (UMCG)*



### Summary / main conclusions:

- Using approved individual gene therapy CCMO protocols as example
- Tailoring is key: start from 2 used-cases, before moving towards master protocol
- Ideal approach lies between formal clinical trial and named-patient basis → ‘named-patient plus’
- Assessment of quality and quantity of preclinical efficacy and safety data, now mostly lies with researchers
- Who will give the final ‘go’ decision / ‘clearance’
- Establish a sustainable financial model and reimbursement

### Action plan

- Interactions with N-of-1 working party to outline the regulatory route
- Options for academic GMP manufacturing and Fill & Finish
- Involve patients and patient-organizations; shared decision-making and incorporating their vision and wishes in the study design
- Meeting with business developers for financial sustainability of academic n=few RNA therapies

# Making individualized medicines routine



We are here

**Proof of concept:** custom, individualized treatments are possible, but still experimental & \$\$\$

Repeatability  
Standardization  
Learning

Rigorously establishing safety, benefit/risk

Regulatory acceptance & streamlining

Reimbursement & payer coverage  
Scale

Equity & Accessibility

**Goal:** children w/ orphan genetic diseases receive custom genetic medicines as standard of care



# Major challenges to get to the FiH n=few ASO study in NL

- What is the best regulatory approach – how to scale up the named-patient approach → ‘named-patient plus’? One at a time is not efficient
- Uniform assessment of quality and quantity of preclinical efficacy and safety data
- Who will give the final ‘go’ decision / ‘clearance’
- Establishment of a sustainable development pipeline - commercial, non-profit, other?
- Sharing of information and knowledge is key – successes and failures
- Establishment of a sustainable financial model and reimbursement

# Acknowledgements

